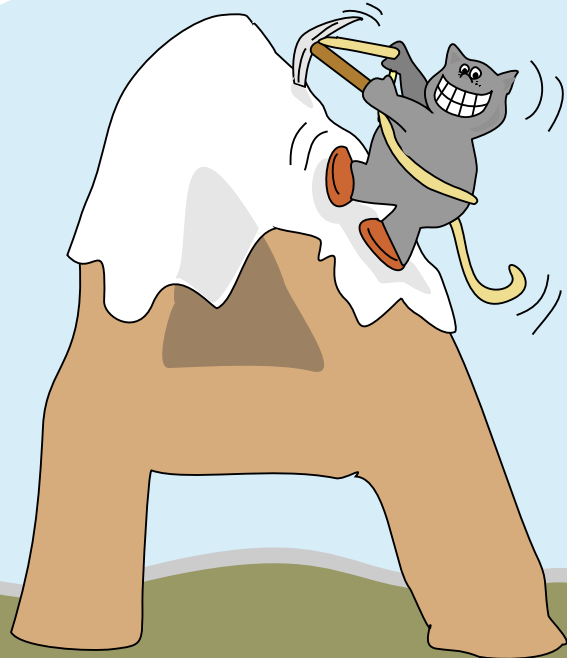


Progressive Printing^{T.M.} CAPITALS

age
4½+



Book 1: ABCDE

The easy, fun (and FREE!)
way to teach capital letters.

Book 1: ABCDE

- For Kindergarten or First Grade (not for pre-school).
- Teaches that capital letters make the same sounds as the "little" letters.
- Teaches the first rule of capital letters (that all names start with a capital letter).
- Teaches capital A, B, C, D & E.

Step 1

Print out these instructions and worksheets. For more than one student, print copies of the "Worksheets Only" version of this booklet.

Step 2

When doing more than one lesson a day, **take a break between the lessons** (a snack, a walk, a nap – whatever works). This helps to maximize the mental "processing" of the material.

Written and illustrated by
Miz Katz N. Ratz^{T.M.}



Don't forget to download the matching games, crafts and lesson plans from ProgressivePhonics.com

Lesson 1 (Part 1)

Verbal lesson: Capital Letters Make The Same Sound

(Demonstrate on a blackboard or on a piece of paper.)

There are two ways to write each letter in the alphabet – the little letters:

a b c

And the capital letters:

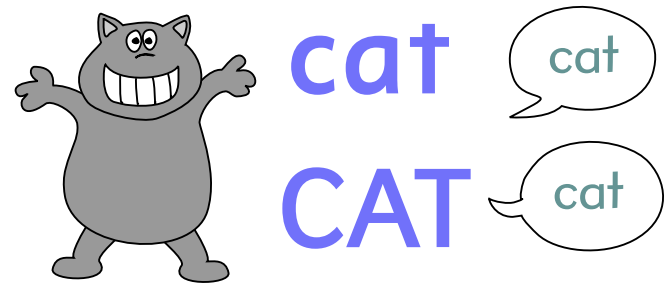
A B C

So, for every letter in the alphabet, we have two ways to write them – the little letters and the capital letters:

Aa Bb Cc

Lesson 1 (Part 1) continued...

Because capital letters make the exact same sounds as the little letters, you can write a word with either capital letters or little letters, and the word will say the same thing –



So whether you write (point to the word) “cat” or (point to the word) “CAT,” it still says the same thing – “cat.”

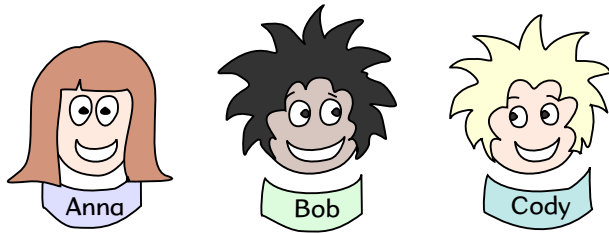
HOWEVER, there are rules on using capital letters, and today we’re going to learn the first rule of capital letters. (Next page)

Lesson 1 (Part 2)

Verbal lesson: First Rule of Capital Letters

(Demonstrate on a blackboard or on a piece of paper.)

The FIRST rule of capital letters is that all names start with a capital letter – your name, my name, everybody’s name starts with a capital letter:



(Write some names on the blackboard, preferably the names of some of the people in the room or in the family.)

We will learn more rules about capital letters another time, but for now, let’s really learn the first rule, so say after me:

“All names start with a capital letter.”

(Have your children/students repeat the rule several times.)

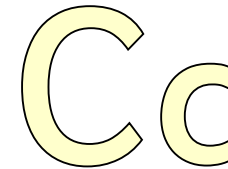
Lesson 1 (Part 3)

Verbal lesson: How To Write Capital ‘C’

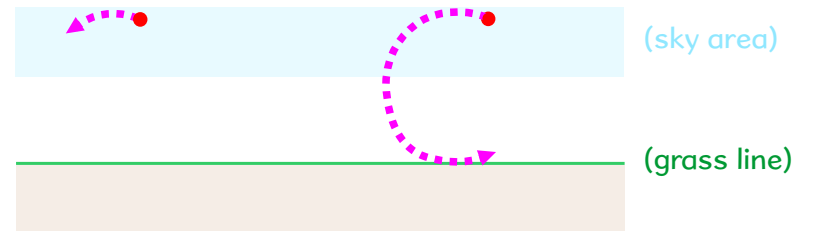
(Demonstrate on a blackboard or on a piece of paper.)

Now that’s we’ve learned the first rule about capital letters, let’s also start learning how to write them, starting with the capital <C>.

The capital ‘C’ looks exactly the same as the little ‘c,’ except that it’s bigger – like this:



To write the capital <c> –

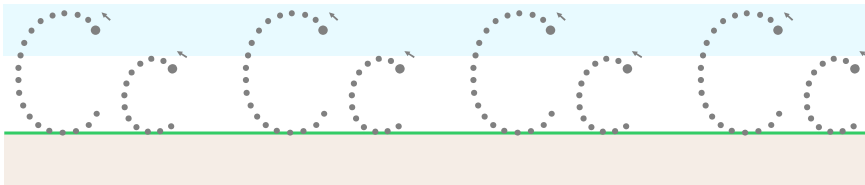
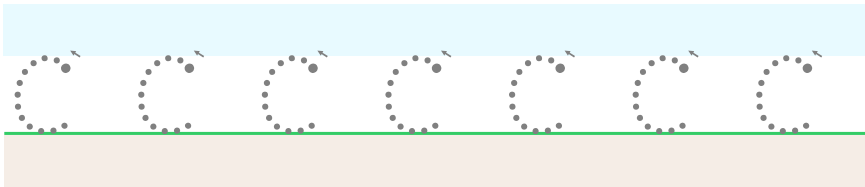
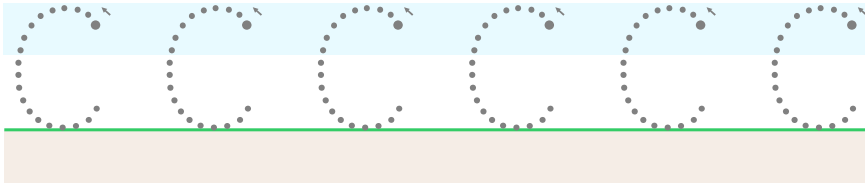
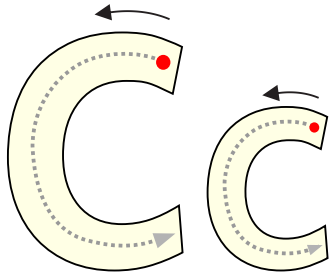


The capital <C> starts near the top of the sky area.

And just like ALL letters, big or little, the capital <C> sits on the grass line.

Lesson 1 Worksheet

Verbal lesson: How To Write Capital 'C'



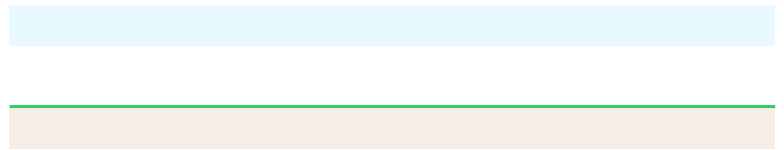
(Name)



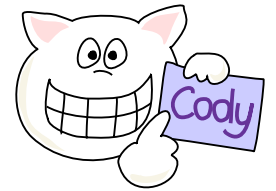
Cora cat
(Cora is a girl's name.)



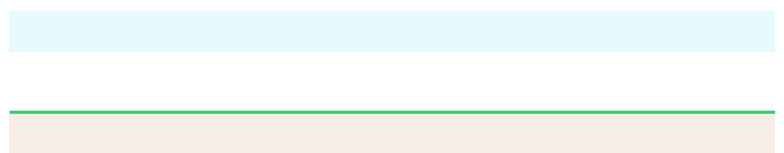
Cora cat



Cody cat



Cody cat



(Cody is a boy's name.)

Lesson 2

Verbal lesson: Capital <A>

(Demonstrate on a blackboard or on a piece of paper.)

"Ah" for apple

a

The "Little a" is like an apple - yum for you and me!

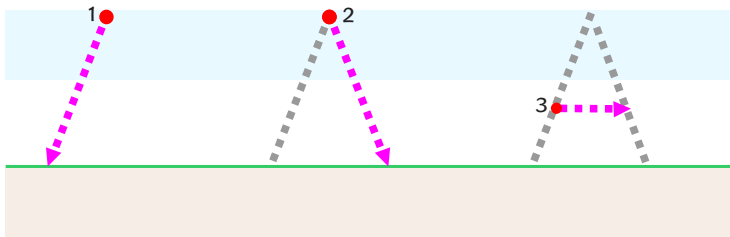


A

Capital <A> is like the ladder you climb to get an apple from a tree.



To write the capital <A> -



Draw the first line down, starting at the top of the sky area.

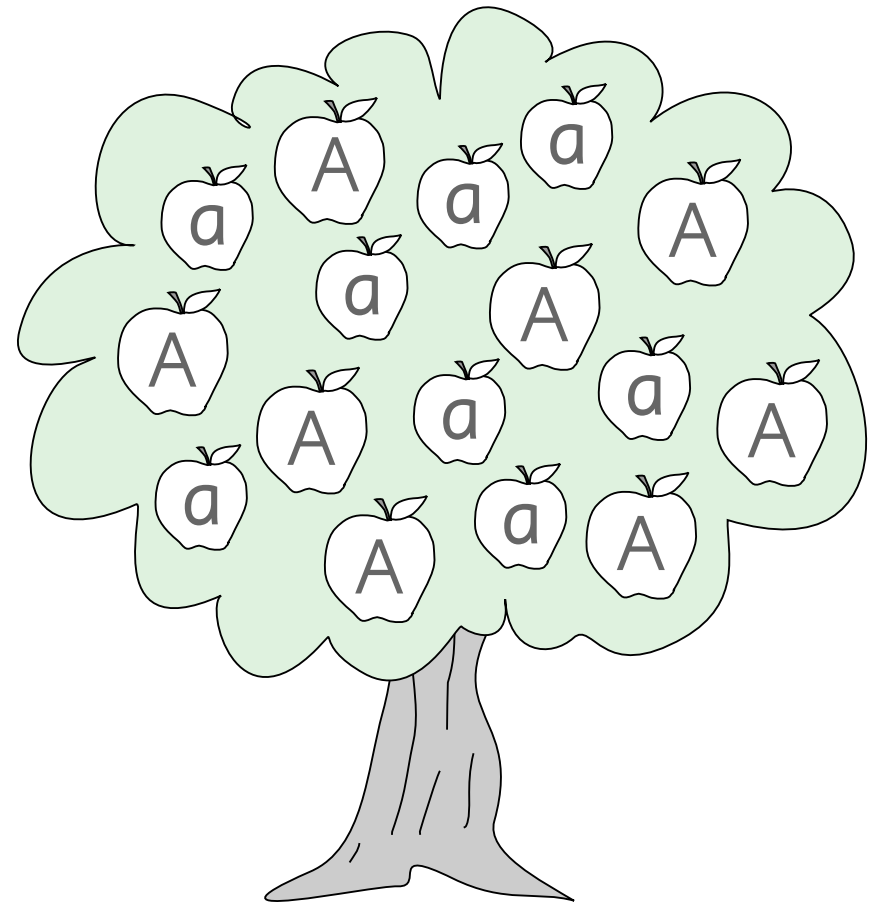
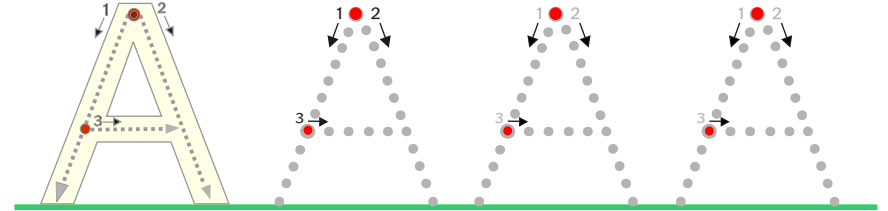
Draw the second line, also going from top to bottom.

Then draw the little line across the middle.

Lesson 2 Worksheet

Trace the dotted letters. Then color the apples that have a capital <A> in them.

(Name) _____



Lesson 3

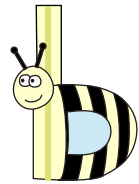
Verbal lesson: Capital

(Demonstrate on a blackboard or on a piece of paper.)

“Buh” for bees

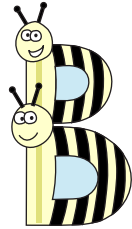
b

The “Little b” looks like a honey-bee on a stick.

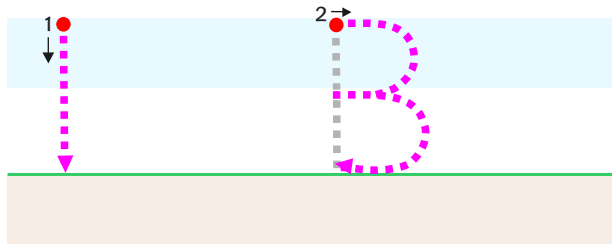


B

Capital looks like TWO bees on a stick.



To write the capital –



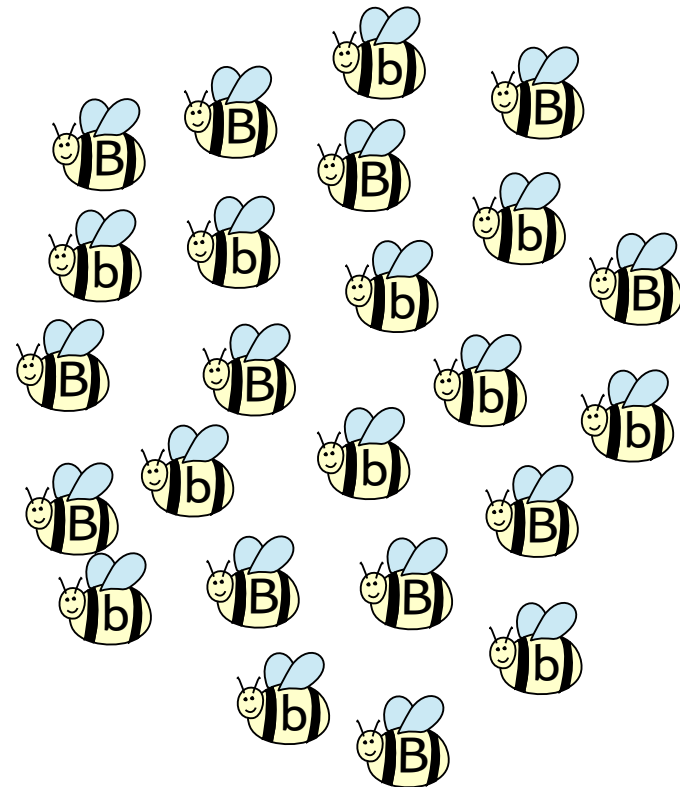
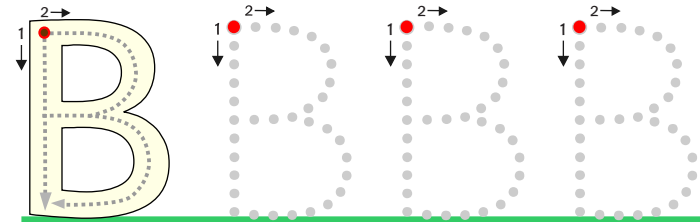
First draw the line down, starting at the top of the sky area.

Then draw the two “bumps” without stopping between the bumps.

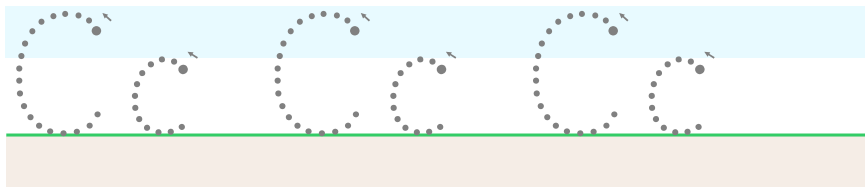
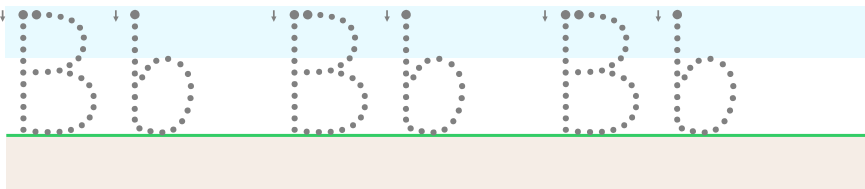
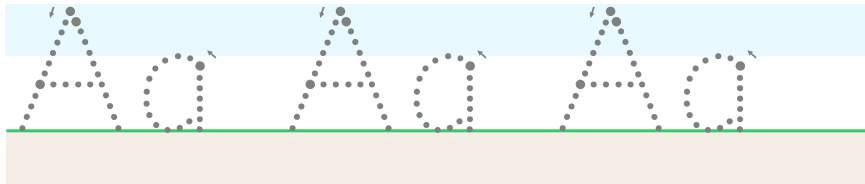
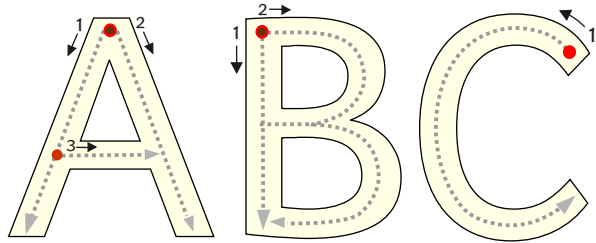
Lesson 3 Worksheet - Part 1

Trace the dotted letters. Then circle the bees that have a capital on them.

(Name)



Lesson 3 Worksheet - Part 2



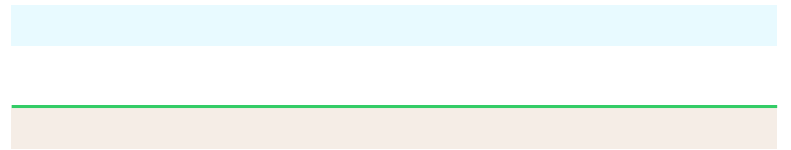
(Name)



ABC abc



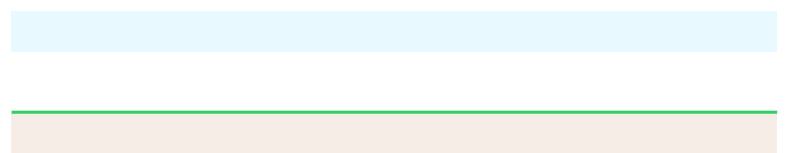
ABC abc



Aa Bb Cc



Aa Bb Cc



Lesson 4

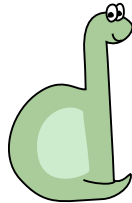
Verbal lesson: Capital <D>

(Demonstrate on a blackboard or on a piece of paper.)

“Duh” for dinosaurs

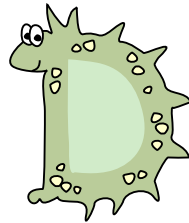
d

The “Little d” looks like a dinosaur with a long neck.

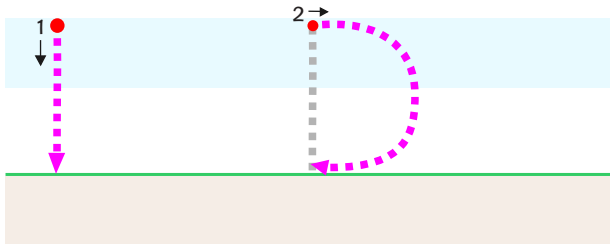


D

Capital <D> looks like a completely different kind of dinosaur.



To write the capital <D> –



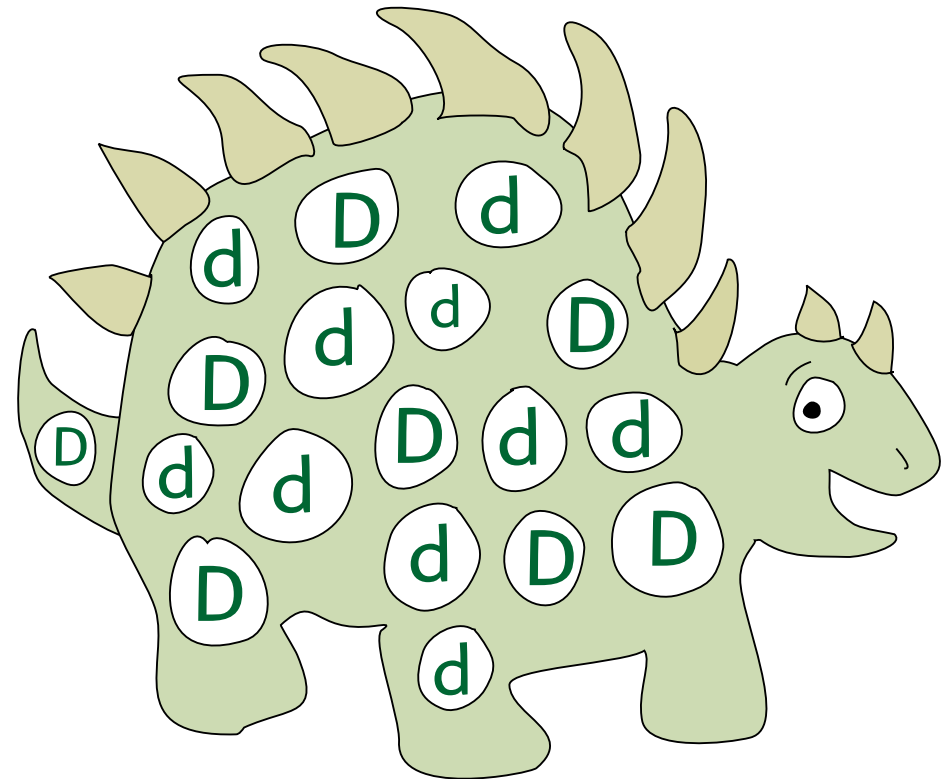
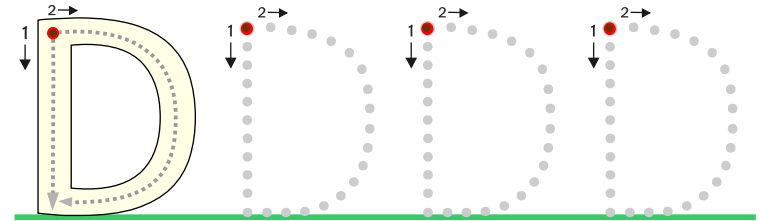
Draw the line down, starting at the top of the sky area.

The draw the round part, again starting at the top.

Lesson 4 Worksheet

Trace the dotted letters. Then color the spots that have a capital <D> in them.

(Name)



Lesson 5

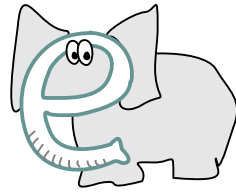
Verbal lesson: Capital <E>

(Demonstrate on a blackboard or on a piece of paper.)

"Eh" for elephant

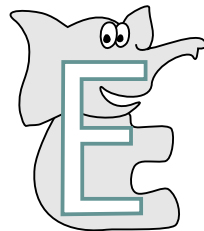
e

The "Little e" looks like an elephant's head with a long trunk (nose).

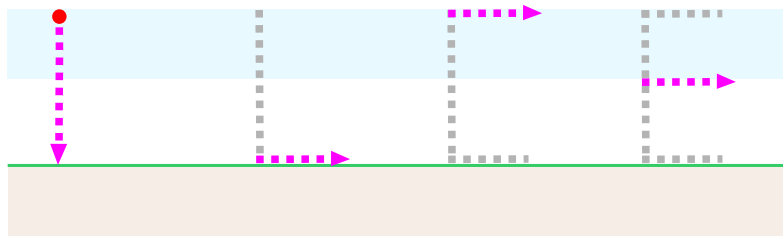


E

Capital <E> looks like an elephant sitting up and waving its trunk.



To write the capital <E> –



Draw the line down, starting at the top of the sky area.

Without lifting your pencil, draw the bottom line.

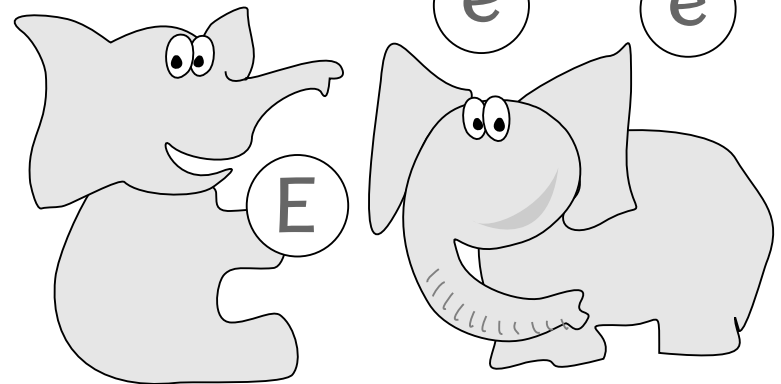
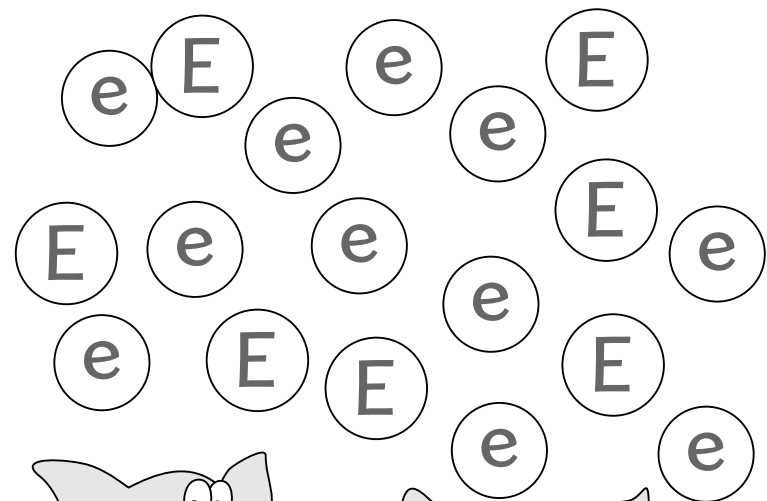
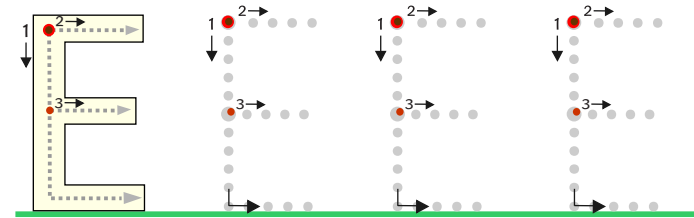
Then draw the top line.

Then draw the middle line.

Lesson 5 Worksheet Part 1

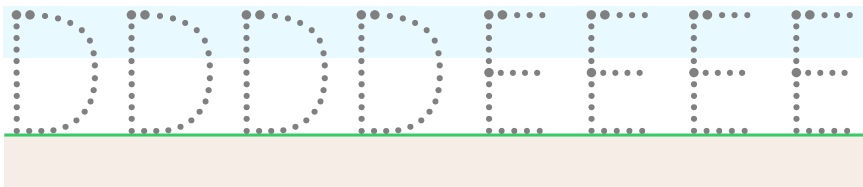
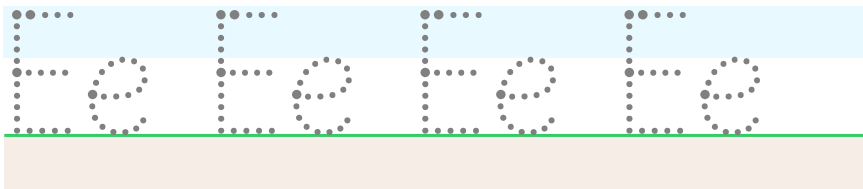
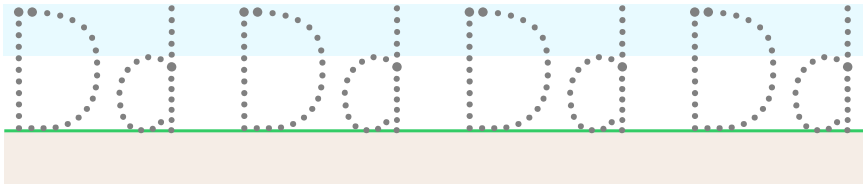
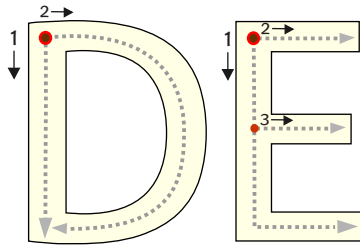
Trace the dotted letters. Then color the balls that have a capital <E> in them.

(Name)

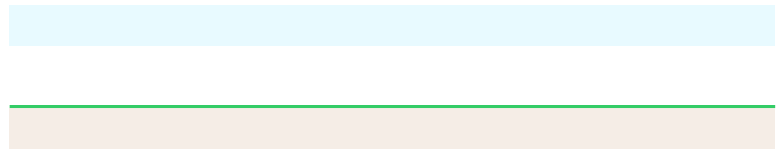
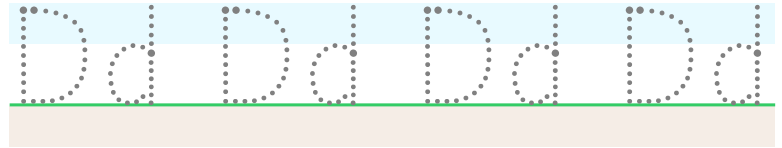


Lesson 5 Worksheet - Part 2

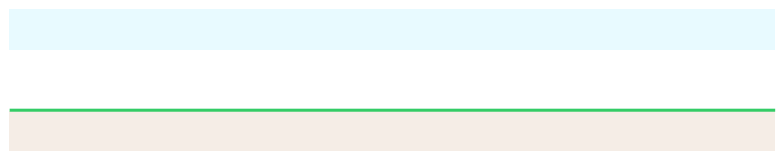
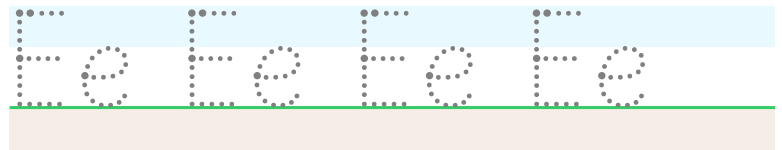
(Name) _____



Dd Dd Dd Dd



Ee Ee Ee Ee



Lesson 6 Worksheet - Part 1

Draw a line between each little letter and its matching capital letter.

a

b

c

d

e

E

A

D

C

B

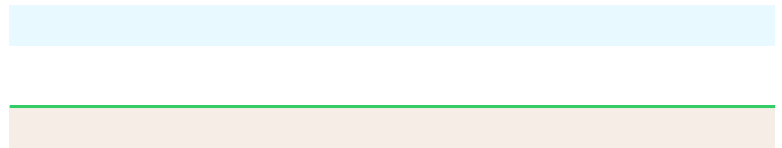
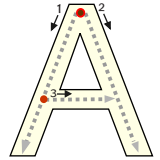
Lesson 6 Worksheet - Part 2

Trace and copy the letters.

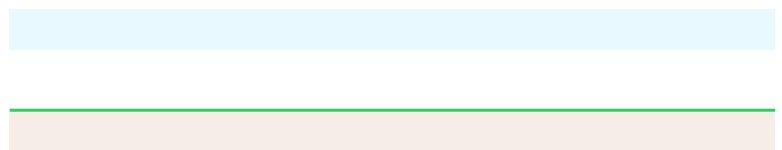
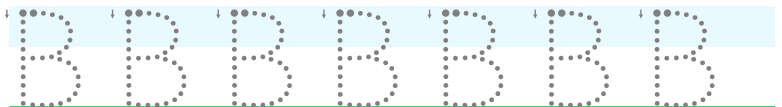
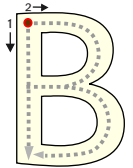
(Name) _____



A A A A A A



B B B B B B



Lesson 7 Worksheet Part 1

Circle the little letters that match the capital letters in each box.

A		
e	o	a

B		
h	b	k

C		
c	a	o

D		
d	f	h

E		
a	c	e

A		
a	s	i

B		
b	h	t

D		
k	f	d

E		
s	e	n

Ab Bb Cc Dd Ee

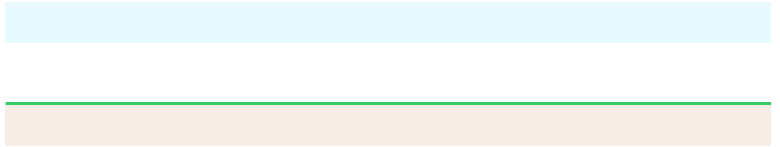
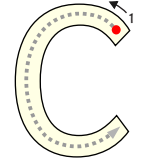
Lesson 7 Worksheet Part 2

Trace and copy the letters.

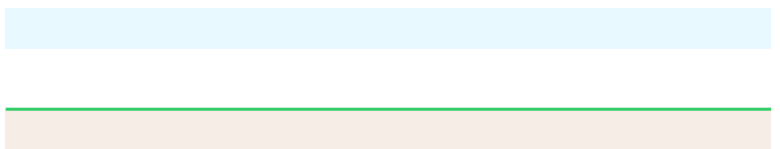
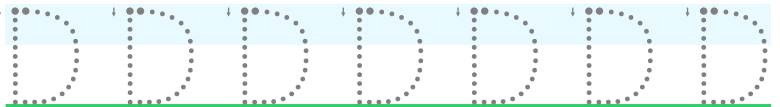
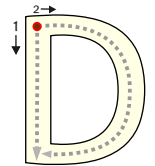
(Name) _____



C C C C C C C



D D D D D D D



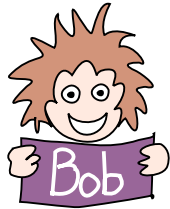
Lesson 8 Worksheet - Part 1

Write the names with the correct capital letter.

A B C D E



nn



ob



ody



arla



d

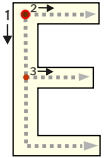
Lesson 8 Worksheet - Part 2

Trace and copy the letters.

(Name)



EEEEEEEE



EEEEEEEE



Blank handwriting lines for copying the letter E.



A B C D E



A B C D E



Blank handwriting lines for copying the letters A, B, C, D, and E.