The easy, fun (and FREE!) way to teach capital letters.

**Book 2: FGHJ**
- For Kindergarten or First Grade
- Teaches the second rule of capitalization (places, like people, can have names, and these names are capitalized).
- Teaches capital F, G, H, I & J.
- Practices the difference between several letters that can cause confusion.

**Step 1**
Print these instructions and worksheets. For more than one student, print copies of the "Worksheets Only" version of this booklet.

**Step 2**
When doing more than one lesson a day, take a break between the lessons (a snack, a walk, a nap – whatever works). This helps to maximize the mental "processing" of the material.

Don't forget to download the matching games, crafts and lesson plans from ProgressivePhonics.com
Lesson 1 (Part 1)
Verbal lesson: Places Have Name Too

Just like people, places can have names –

– Streets.... (write down one or two local street names)
– Towns or cities... (write the name of your town/city)
– Countries... (write the name of your country)

Lots of places have names – even rivers and oceans, mountains and forests.

And now – here is the rule – just like with people’s names, names of places always start with a capital letter.

(Go back and underline the capital letters of the place-names you wrote down earlier in this lesson.)

This is an important rule, so repeat after me –

“Names of places always start with a capital letter.”

(Have your children/students repeat the rule several times.)

(Reinforce this rule several times over the next few days by looking at maps and looking at the capitalized names. Some place-name suggestions are on the last page of the lesson plans for this booklet.)

Lesson 1 (Part 2)
Verbal lesson: How To Write Capital <F>

Okay – now let’s learn how to write the Capital <F>. (Demonstrate on a blackboard or on a piece of paper.)

“Ffff” for flower

The “Little f” looks like a plant with a flower and two little leaves.

Capital <F> has two flowers.

To write the capital <F> –

Draw the first line down, starting at the top of the sky area.

Draw the second line, going from left to right.

Then draw the little line across the middle.
Lesson 1 Worksheet Page 1
Trace the dotted letters. Then color the flowers that have a capital <F> in them.

Lesson 1 Worksheet Page 2
Trace the dotted letters.
Lesson 2 (No verbal lesson) – Worksheet Page 1
Cross out the capital <E> letters in the box and circle the capital <F> letters.

Lesson 2 Worksheet Page 2
Trace the dotted letters.

(Name)
Lesson 3 (Verbal lesson)
How to write the capital <G>.

“Guh” for goal

The “Little g” has a little foot.

Capital <G> has a big, open mouth... goal!

Here is a silly way to remember the capital <G> –

Let’s pretend that the little <g> opens his mouth as wide as he can.

Then, bang! He puts his foot in his mouth, turning himself into the capital <G>.

Lesson 3 continued...

To write the capital <G> –

Start out like you’re making a Capital <C>

Then, without stopping or lifting your pencil, take the line up a little way.

Now lift your pencil and draw the middle line, going from left to right.
Lesson 3  Worksheet Page 1
Trace the dotted letters. Then color the balls that have a capital <G> in them.

Lesson 3  Worksheet Page 2
Trace the dotted letters.
Lesson 4 (No verbal lesson) – Worksheet Page 1

Cross out the capital <C> letters in the box and circle the capital <G> letters.

Lesson 4 Worksheet Page 2

Trace the dotted letters.

(Name)
Lesson 5 (Verbal lesson)

How to write the capital <H>.

“Huh” for hello!

The “Little h” is waving one hand to say hello.

The “Big H” is waving TWO hands to say a BIG hello.

To write the capital <H> –

1. Draw the first line down, starting at the top of the sky area.
2. Then draw the second line down, again starting at the top.
3. Now draw the middle line, going from left to right.

Lesson 5 Worksheet (one page)

(Demonstrate on a blackboard or on a piece of paper.)

Trace the dotted letters. Then color the hands with a capital <H> in them.
Lesson 6 (Verbal lesson)
How to write the capital <I>.

“ih” for iguana on a stick

The capital <I> looks a lot like the little <i>, but with a few differences –

The little <i> has a dot. Instead of a dot, the Big <I> has a line on the top AND the bottom.

To write the capital <I> –

Draw the line down, starting at the top of the sky area. Now draw the little line at the top, going from left to right. Now draw the little line at the bottom, again going from left to right.

Lesson 6 Worksheet (one page)
Trace the dotted letters. Then circle the capital <I> letters in the box.
Lesson 7 (No verbal lesson) – Worksheet Page 1
Trace the dotted letters.

Lesson 7 Worksheet Page 2
Trace the dotted letters.

(Name)
Lesson 8 (Verbal lesson)

How to write the capital <J>.

“juh” for jellyfish

The Capital <J> looks a lot like the little <j>, but with a few differences –

- The little <j> has a dot.
- Instead of a dot, the Big <J> has a line on top.
- The little <j> goes “underground” (goes under the “grass line”).
- The Big <J> sits ON the grass. Remember: ALL capital letters sit ON the grass.

To write the capital <J> –

1. Draw a line down, starting at the top of the sky area.
2. Without lifting your pencil, curve the line up, like a hook.
3. Now draw the little line at the top, going from left to right.

Lesson 8 Worksheet (one page)

Trace the dotted letters. Then color the bubbles with a capital <J> in them.
**Lesson 9** (Verbal lesson)

Disappearing dots.

**Lesson 9** Worksheet (one page)

The capital letters <I> and <J> are missing their little lines. Draw the missing lines to finish the letters.

Disappearing dots...

The little letters <i> and <j> are the only letters in the English alphabet with dots on top –

![i j](image)

But the capital letters <I> and <J> do not have dots. Instead, they have little lines –

![I J](image)

Two lines for the capital ‘I’

One line for the capital ‘J’
Lesson 10 (No verbal lesson) – Worksheet Page 1
Trace the dotted letters.

Lesson 10 Worksheet Page 2
Trace the dotted letters.

(Name)
Lesson 11 (No verbal lesson) – Worksheet Page 1

Circle the little letters that match the capital letters in each box.

Ff Gg Hh Ii Jj

F
s d f
G
j g o
H
t f h

I
i e r
J
j u g
G
p i g

J
i j p
F
k f d
I
c j i

H
b h k

Lesson 11 Worksheet Page 2

Trace the dotted letters.

Ff Gg Hh Ii Jj

READ

TRACE

COPY

Ff Gg Hh Ii Jj

READ

TRACE

COPY

Ff Gg Hh Ii Jj

READ

TRACE

COPY
Lesson 12 (No verbal lesson) – Worksheet Page 1
Circle the little letters that match the capital letters in each box

Ab Bb Cc Dd Ee Ff Gg Hh Ii Jj

A o s a
B b k f
C a c o
D d h t
E c a e
F f h b
G y g j
H h f k
I i n a
J g y j

Lesson 12 Worksheet Page 2
Trace the dotted letters.

Aa Bb Cc Dd Ee

Aa Bb Cc Dd Ee

Ab Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Ff Gg Hh Ii Jj

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