Alphabet “Air Writing” Instructions

– Movements – especially big movements – help a child memorize the writing patterns for each letter.

– Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!

– Children should use the arm that they write with.

– The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.

– We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.
Capital P: ‘Puh’ for pizza on a pole:
“Tall line down; then if you please, draw a pizza bump with lots of cheese.”

Capital Q: ‘Kwuh’ for quiet”
“Very, very quiet, draw an ‘oh.’ Then draw the ‘Sssh!’ line just like so.”

Capital R: ‘Rrrr” for running rhino:
“Draw a letter ‘P,’ but do not stop – draw another leg so he doesn’t have to hop.”

Capital S: ‘Sssss’ for snake:
“Draw a little ‘c,’ but don’t stop there – curl it around like a snake in the air.”

Capital T: ‘Tuh’ for tree:
“Tall line down; then back to the top to draw the branches straight across.”