Alphabet “Air Writing” Instructions

– Movements – especially big movements – help a child memorize the writing patterns for each letter.

– Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!

– Children should use the arm that they write with.

– The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.

– We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.
Alphabet “Air Writing” #3
(say the words out loud and have your students repeat them)

Capital K:

Words:
“‘Kuh’ for kitten - tall line down. Then draw the other line going in and out.”

Capital L:

Words:
“‘Leh’ for lion – tall line down. Then draw his tail lying on the ground.”

Capital M:

Words:
“Mmmm for mountain – tall line down. Second line goes down to the middle... back to the top... then down it drops.”

Capital N:

Words:
“-Nnnn- for noisy – tall line down. Second line is like a slide (wheeeee!); then straight back up into the sky.”

Capital O:

Words:
“-O- for ostrich, sitting on the ground. Start it like a ‘C,’ but go all the way around.”