

(No need to print this first page) (Print the NEXT page)

Capitals Set #3
K, L, M, N, O

Alphabet “Air Writing” Instructions

- Movements – especially big movements – help a child memorize the writing patterns for each letter.
- Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!
- Children should use the arm that they write with.
- The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.
- We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

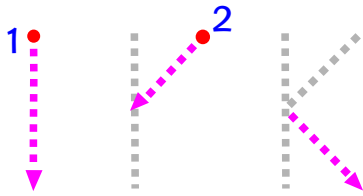
Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.

Alphabet "Air Writing" #3

(say the words out loud and have your students repeat them)

(print this page for reference)

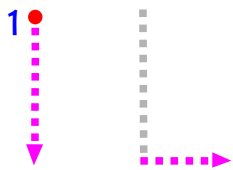
Capital K:



Words:

“Kuh’ for kitten - tall line down. Then draw the other line going in and out.”

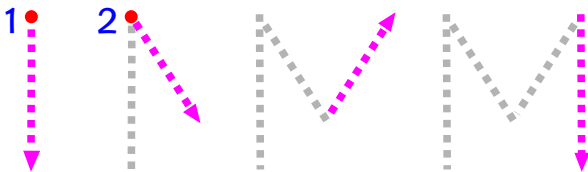
Capital L:



Words:

“Leh’ for lion – tall line down. Then draw his tail lying on the ground.”

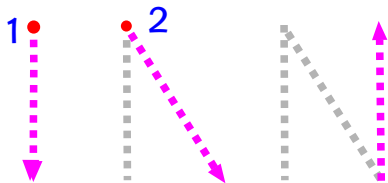
Capital M:



Words:

“Mmmm for mountain – tall line down. Second line goes down to the middle... back to the top... then down it drops.”

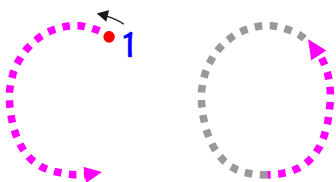
Capital N:



Words:

“-Nnnn- for noisy – tall line down. Second line is like a slide (wheeee!); then straight back up into the sky.”

Capital O:



Words:

“-O- for ostrich, sitting on the ground. Start it like a ‘C,’ but go all the way around.”