Alphabet “Air Writing” Instructions

– Movements – especially big movements – help a child memorize the writing patterns for each letter.

– Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!

– Children should use the arm that they write with.

– The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.

– We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.
Alphabet “Air Writing” #2
(say the words out loud and have your students repeat them)

Capital F:

Words:
“Capital ‘F’ - -ffff- for flowers, growing in the ground (draw the first line down) with two pretty flowers (draw the horizontal lines), waving around.”

Capital G:

Words:
“Capital ‘G’ is a ‘C’ with a foot in its mouth.”
(The horizontal line is the “foot.”)

Capital H:

Words:
“Capital ‘H’ – one hand, two hands, waving hello. Draw the line in the middle, and you’re good to go.”
(”Good to go” means finished; complete.)

Capital I:

Words:
“Capital ‘I’ – you draw a big stick with a top and a bottom.”

Capital J:

Words:
“Capital ‘J’ is a jellyfish, curving around. Its body (draw the top line) is on top, and its arms are hanging down.”