

Letters taught: 0, J

Also practices (by tracing and copying) the different letter pattern groups.

The easy, fun (and FREE!) way to teach handwriting.

Part One:

- Teaches lowercase letters 'o' and 'j.'
- Practices writing short-vowel letter 'o' words.
- In addition to tracing, children now start <u>copying words and phrases</u>, to help them learn how to write independently.

Part Two:

- Practices the letter pattern groups (the letters that share the same motions). This helps memorize proper letter formation.

Step 1

Print out these instructions and worksheets. For more than one student, print copies of the "Norksheets Only" version of this booklet.

Step 2

When doing more than one lesson a day, take a break between the lessons (a snack, a walk, a nap – whatever works). This helps to maximize the mental "processing" of the material.

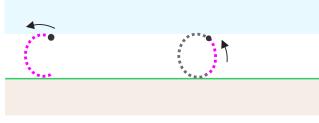


How to write the letter 'o'

(Demonstrate on a blackboard or piece of paper.)

The letter <o> is basically a little circle, although it doesn't have to be perfectly round.

To write the letter $\langle o \rangle$ –



First write the letter <c> Continue around (no stopping!) until you are back to where you started.



continued...

Air "Writing"

"Write" the letter <o> in the air, using big arm movements, saying:

"Start like the letter <c>, but go all the way around."

Then have your child/students "air write" the letter many times, also saying the steps out loud.

Notes: (1) Children/students need to say the steps out loud – this is not a silent exercise. (2) Write BIG letters in the air. (2) Students should use the arm they write with.

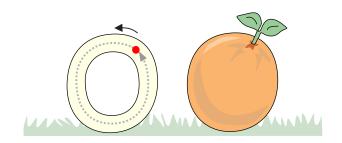
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Practice Page (1 page)

(Do this AFTER the verbal lesson.)











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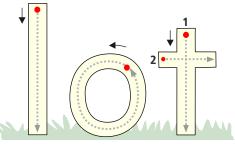
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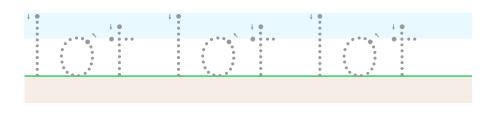
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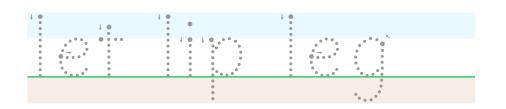


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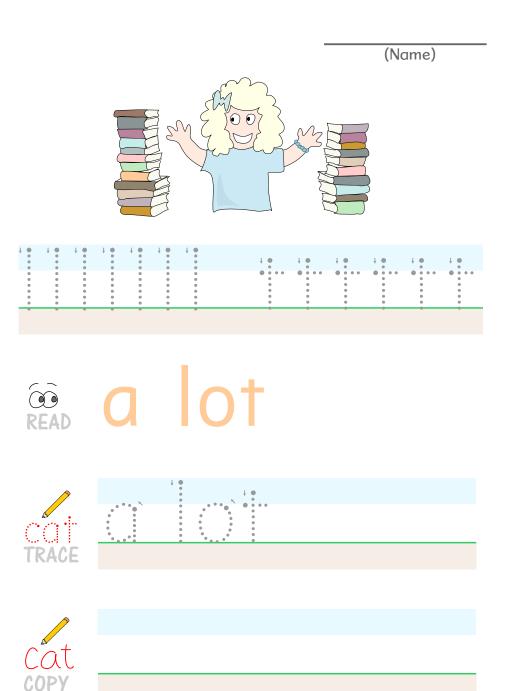
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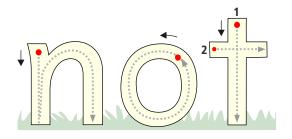
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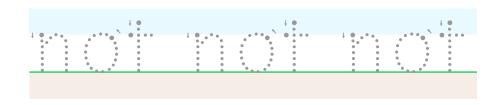
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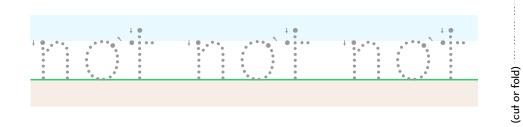
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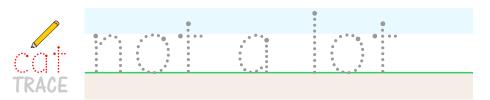














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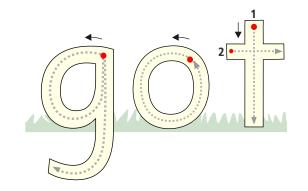
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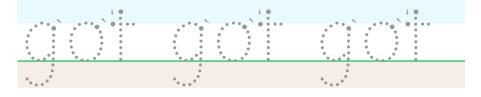
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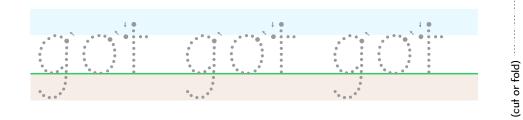
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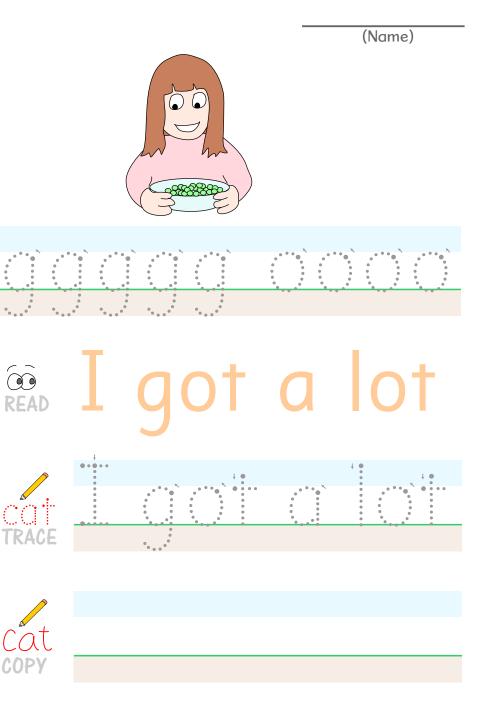








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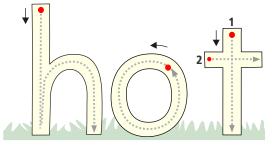


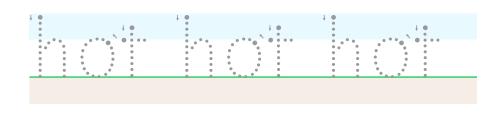
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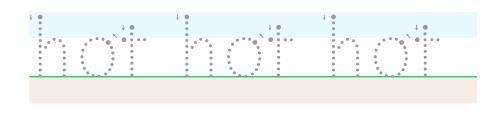
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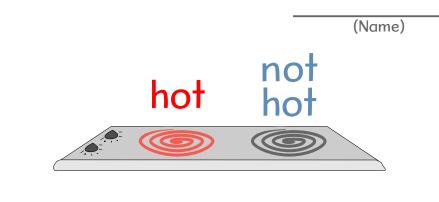
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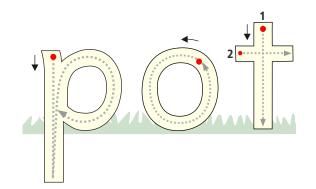
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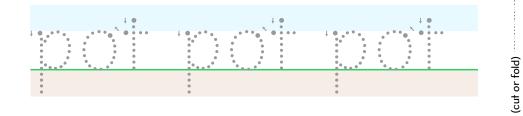
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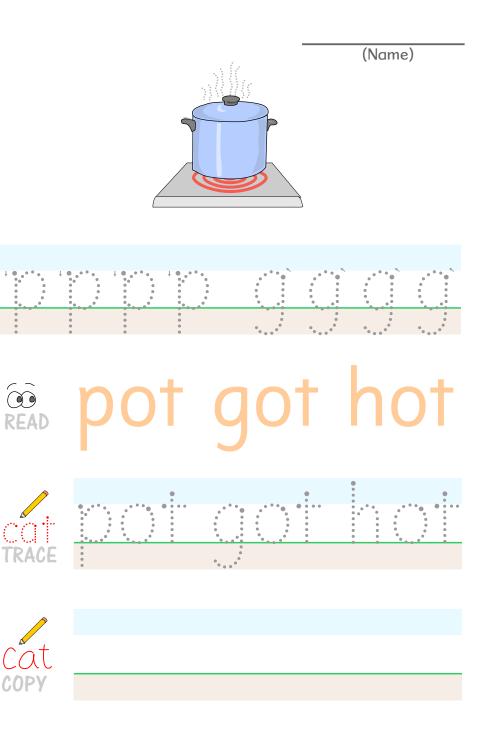


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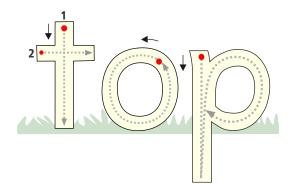


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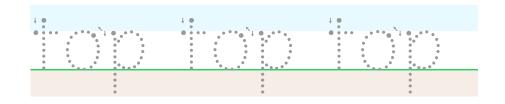
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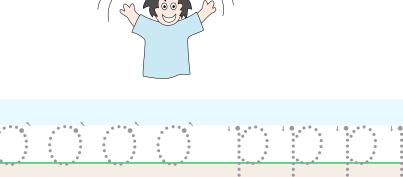
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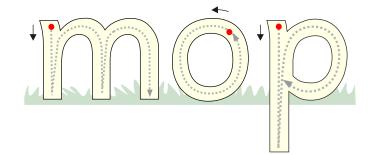
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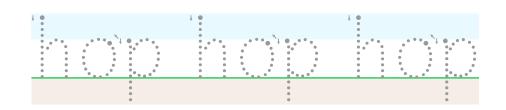


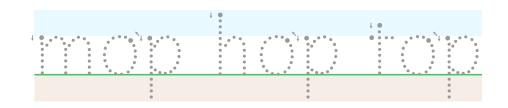
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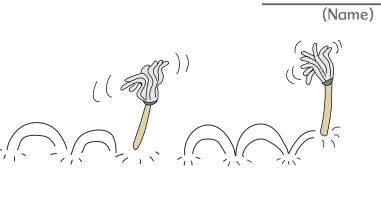
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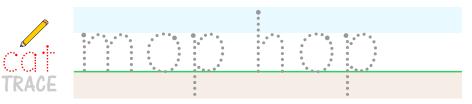














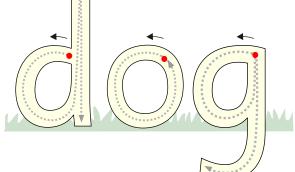
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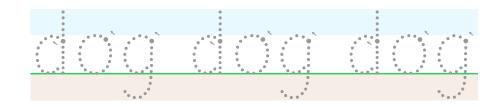
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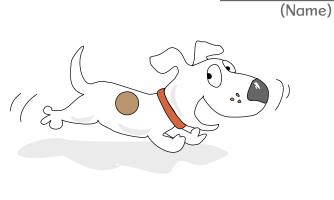
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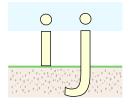
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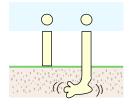
How to write the letter 'j'

(Demonstrate on a blackboard or piece of paper.)

The letter <j> is a lot like the letter <i>, but with two big differences.



The letter <j> is longer, going down into the "underground" area.

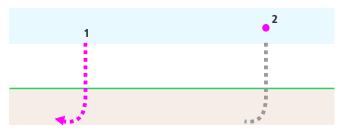


The letter <j> has a little "foot" at the end of its "leg."



continued...

To write the letter $\langle j \rangle$ –



Draw a line down into the "underground" area and curl it (just a little) to make the "foot."

Then draw the little dot on top.

Air "Writing"

"Write" the letter <j> in the air, using big arm movements, saying:

> "Long leg down with a little foot and a dot on top."

Then have your child/students "air write" the letter many times, also saying the steps out loud.

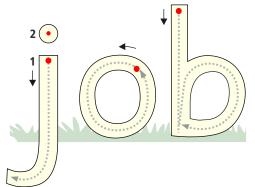
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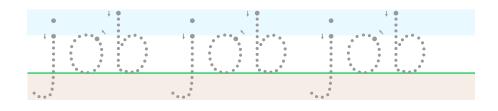
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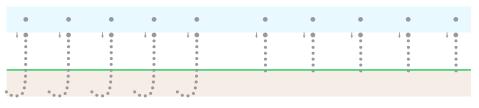


















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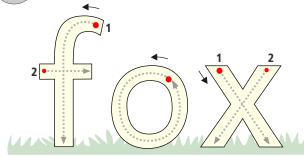
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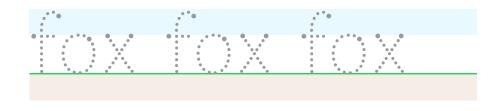
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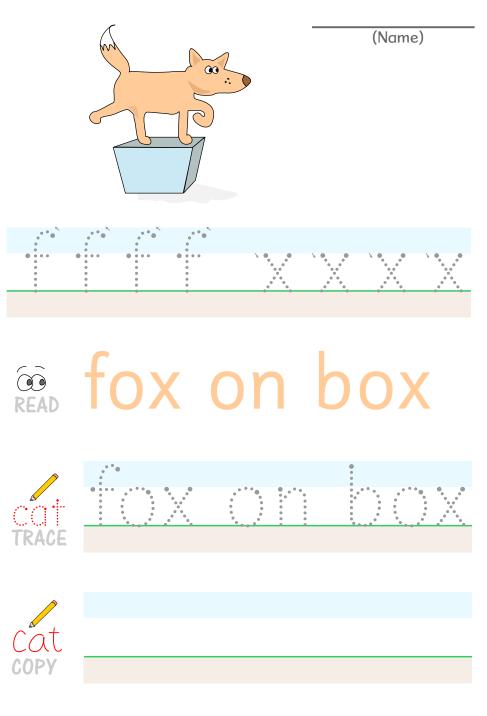
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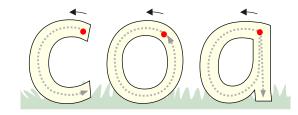


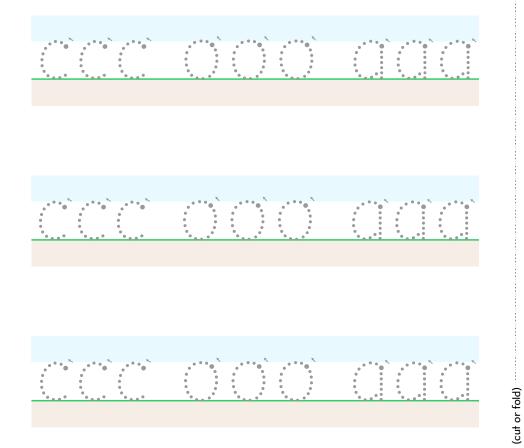
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(Letters that share similar motions) (Treat each page as <u>one</u> lesson)







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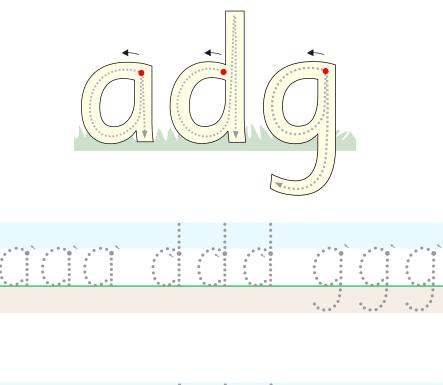
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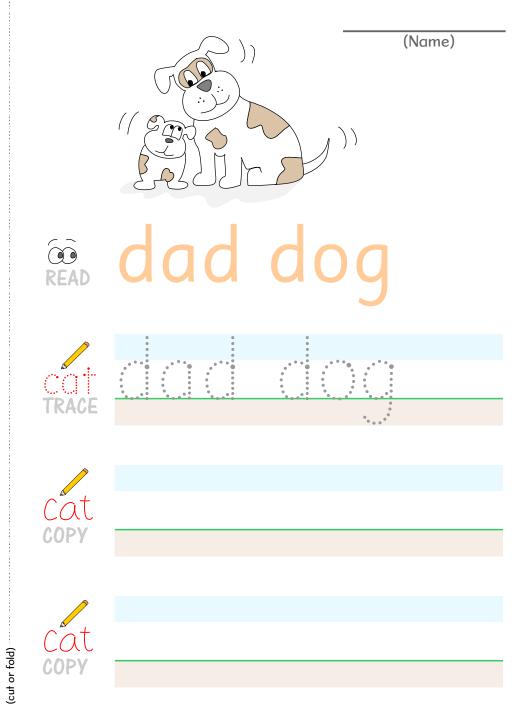
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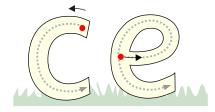


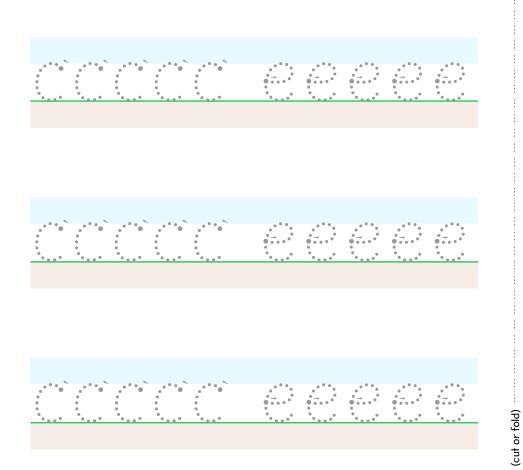
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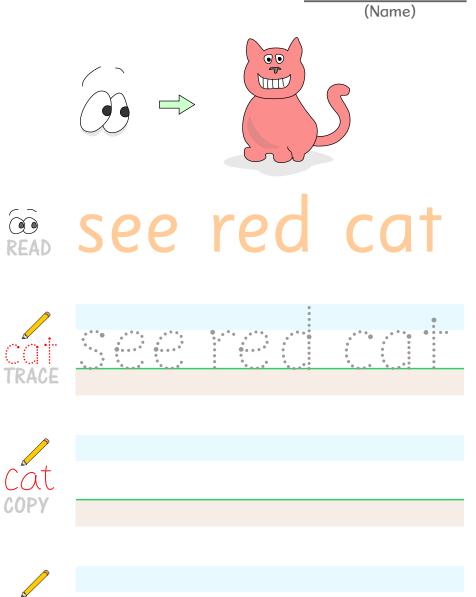


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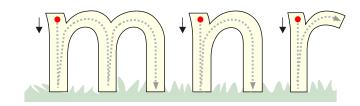




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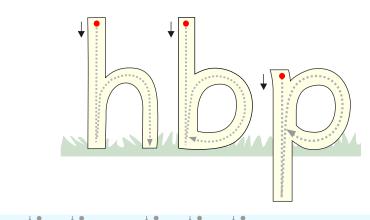




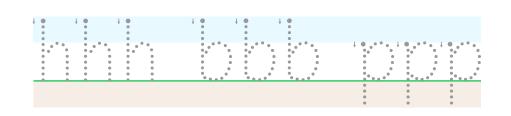
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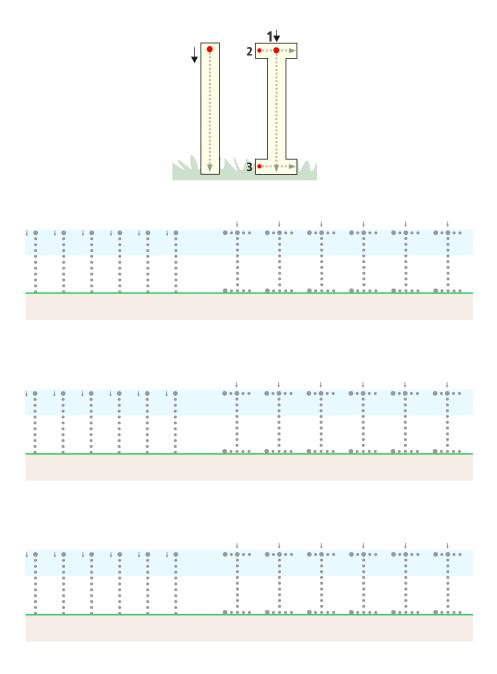
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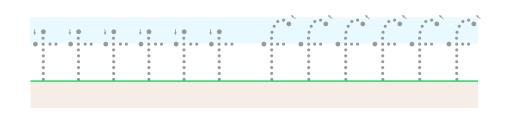


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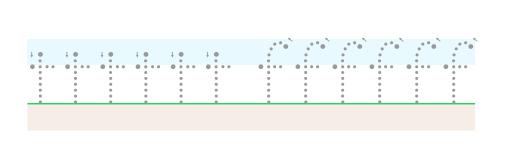
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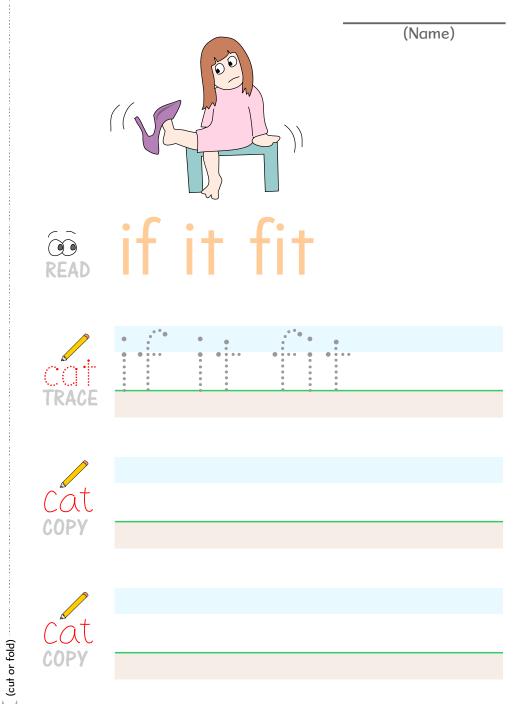




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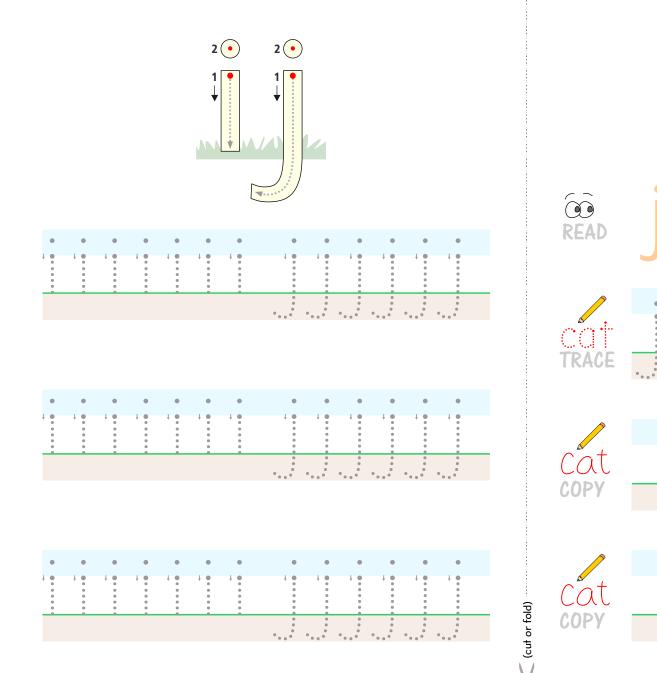


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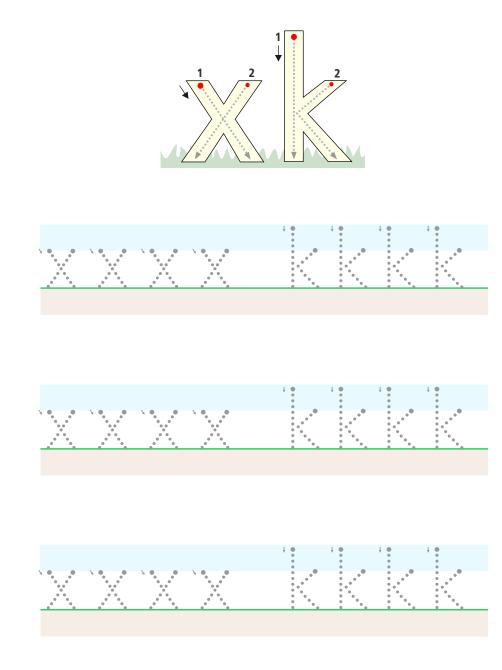
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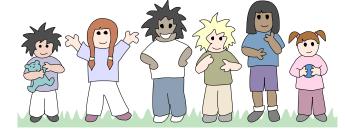
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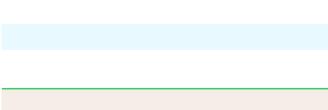






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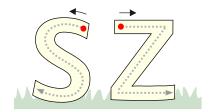


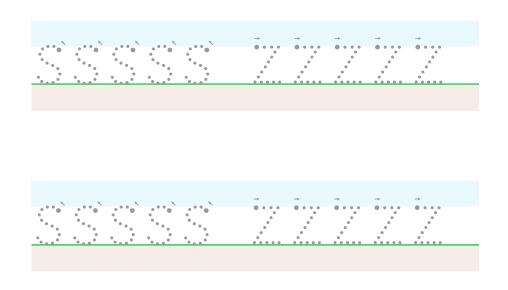


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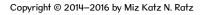
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