

(No need to print this first page) (Print the NEXT page)

Capitals Set #4
P, Q, R, S, T

Alphabet “Air Writing” Instructions

- Movements – especially big movements – help a child memorize the writing patterns for each letter.
- Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!
- Children should use the arm that they write with.
- The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.
- We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

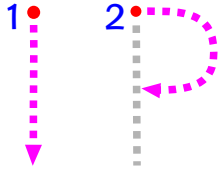
Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.

Alphabet "Air Writing" #4

(say the words out loud and have your students repeat them)

(print this page for reference)

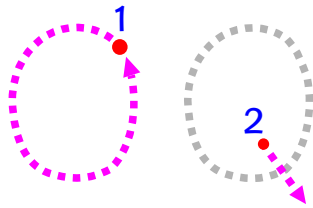
Capital P:



'Puh' for pizza on a pole:

"Tall line down; then if you please, draw a pizza bump with lots of cheese."

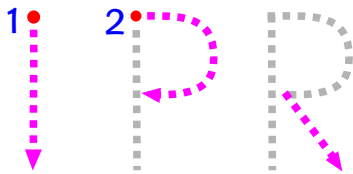
Capital Q:



'Kwuh' for quiet"

"Very, very quiet, draw an 'oh.' Then draw the 'Sssh!' line just like so."

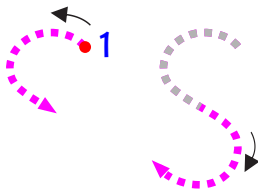
Capital R:



'Rrrr' for running rhino:

"Draw a letter 'P,' but do not stop – draw another leg so he doesn't have to hop."

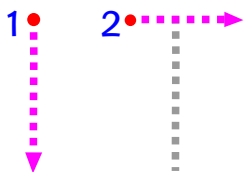
Capital S:



'Sssss' for snake:

"Draw a little 'c,' but don't stop there – curl it around like a snake in the air."

Capital T:



'Tuh' for tree:

"Tall line down; then back to the top to draw the branches straight across."