

(No need to print this first page) (Print the NEXT page)

Alphabet "Air Writing" Instructions

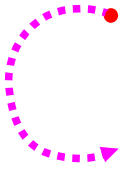
- Start with Capital 'C' because it is the easiest. After the first few times, you can change to alphabet order (ABCDE).
- Movements – especially big movements – help a child memorize the writing patterns for each letter.
- Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!
- Children should use the arm that they write with.
- The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.
- We recommend "air writing" the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

Note: If you are standing in front of your students, remember to "write" the letters backwards, so that the letters appear the right-way-around to your class.

Alphabet "Air Writing"

(print this page for reference)

Capital C:

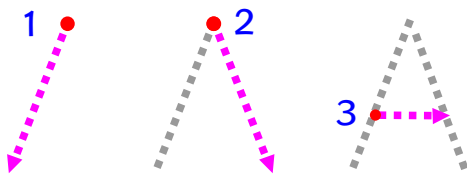


Words:

(say these words out loud and have your students repeat them)

“Capital ‘C’ - same as the little ‘c.’”

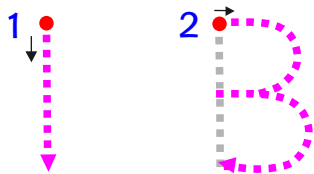
Capital A:



Words:

“Capital ‘A’ is like a ladder – first leg... second leg... line in the middle.”

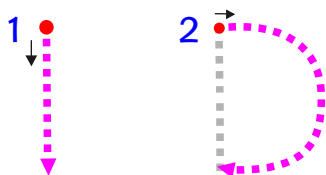
Capital B:



Words:

“Capital ‘B’ is like two honeybees, sitting on a stick – tall line down; then two ‘bee’ bumps.”

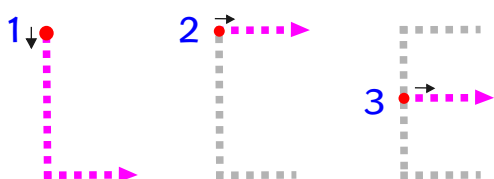
Capital D:



Words:

“Capital ‘D’ is like a dinosaur – tall line down; then one big bump.”

Capital E:



Words:

“Capital ‘E’ is like an elephant – tall line down with the legs at the bottom; the nose is at the top; and the arms are in the middle.”